

Saji shared this – you may find it helpful at this time of social distancing and self-isolation with the Coronavirus:

L.O.C.K.D.O.W.N is a time to:

L-isten to God's voice and reflect

O-bey His word and His teachings

C-all on Jesus name and be calmed

K-now what is the purpose of all this

D-well in His presence. Do not panic

O-ffer a prayer for everyone's safety

W-ait and be patient. This too shall pass over.

N-urture our personal relationship with Him.